

Your Behaviour Intervention and Support Plan

For Behaviour Support that includes Restrictive Practices

Real Therapy Solutions are NDIS Registered Providers of Specialist Behaviour Support. All of our Behaviour Support Practitioners have a tertiary qualification and have completed the Practice Improvement Framework training in Positive Behaviour Support. All our Behaviour Support Practitioners are supervised and overseen by a Specialist Behaviour Support Practitioners (Amanda Wood or Emma Read) who each have over 15 years' experience providing Behaviour Intervention and Support.

As of July 1, 2018, there are specific guidelines and requirements around the reporting, and provision of, supports to people with Regulated Restrictive Practices. All our Behaviour Support Practitioners have a working knowledge of these changes and your Behaviour Plan will comply with these requirements. The Behaviour Support Practitioner will require the following hours of support to ensure your plan complies with these requirements. If you do not have these hours funded in Improved Relationships please contact us to discuss how we can support your review to NDIA.

Within one month of allocation of your support to our Behaviour Support Practitioner:

- Development of an Interim Prevention and Response Plan that includes protocol and procedures for any regulated restrictive practices
- Uploading the Interim Prevention and Response Plan and protocol to the Commission portal
- Uploading the Interim Prevention and Response Plan and protocol to the RPA FACS portal

This requires at least 10 hours of support (hours vary dependent on the number of regulated restrictive practices, complexity of behaviour and related issues and number of consultations with person and others required)

Within 6 months of allocation of your support to our Behaviour Support Practitioner

Development of a Comprehensive written behaviour support plan, that includes

- Consultation with person with disability and their families, carers, guardians and other relevant people (with expressed consent).
- Data gathering and analysis
- Consultation with any registered NDIS implementing providers (where appropriate)
- Review previous assessment reports and information
- Functional assessment of behaviour
- Identification of triggers and preventative support strategies, environmental manipulations Focused support and environmental strategies.
- Written protocol and procedures around Regulated Restrictive Practices
- Uploading of plan and information to Quality and Safeguard Commission CBAS portal
- uploading of Behaviour Support plan to RPA FACS portal and completion of submission paperwork
- Telephone/online presentation to restrictive practices panel

This requires at least 28 hours of support (hours vary dependent on the number of regulated restrictive practices, complexity of behaviour and related issues and number of consultations with person and others required).

To review a current plan that has been developed in accordance with the Regulated Restrictive practice Rules 2018 you will require

At least 15 hours of support

A review includes:

- Full evaluation of the previous plan, functional assessment and strategies
- Consultation with person with disability and their families, carers, guardians and other relevant people (with expressed consent).
- Data gathering and analysis
- Consultation with any registered NDIS implementing providers (where appropriate)
- Updating of written protocol and procedures around Regulated Restrictive Practices
- Uploading of plan and information to Quality and Safeguard Commission CBAS portal
- uploading of Behaviour Support plan to RPA FACS portal and completion of submission paperwork

Please note all estimates of hours do not include travel. Travel is charged as per NDIS Price Guide. Real Therapy Solutions will not provide Behaviour Support to any person they have not met and not observed within their environment.